

## Certificate of Publication

*The Board of Ayurline: International Journal of Research in Indian Medicine  
is hereby awarding this certificate in the Name of Author(s)*

***Parteti Swati Shankarrao, Tiwari Preran***

*In recognition of publication of research article entitled*  
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Pranayama in Nidranash (Insomnia)."***

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A handwritten signature in black ink, appearing to read "Aparna".

Chief Editor